

# Praise Tea Latte

8 tsps        Irish Breakfast Tea

4 cups        Water

1 oz          Almond Syrup

Whole Milk

Ground nutmeg or Chocolate

Prepare a strong tea with 8 teaspoons of loose leaf tea in 4 cups (32 oz.) boiling water.

Steep for 3 - 5 minutes. Strain tea. Pour 5 oz. of hot tea into each tea cup, add almond syrup and stir. Steam whole milk and top tea with 1 tablespoon steamed milk.

Garnish with ground nutmeg or chocolate.

\*You can substitute any unflavored loose leaf tea for the Irish Breakfast Tea

\*\*Makes 4 servings.